



**The Alkalign Lifestyle
Cafe**

B R E A K F A S T

Peaches and Cream Yogurt Parfait - Peaches, coconut yogurt, granola, raisins, honey.

Seasonal Fruit Bowl - Mixed seasonal fruit, honey, lime, mint.

Creamy Quinoa Porridge - Quinoa, oat milk, mango, almonds, raspberries, chia seeds, cinnamon, pecans.

Mixed Berry Smoothies - Strawberries, raspberries, blueberries, blackberries, cashews, hemp milk.

Superfood Breakfast Bars - Oats, goji berries, pumpkin seeds, raisins, chia seeds, dried apricots. Sweetened with maple syrup.