



The Alkaline Lifestyle  
Cafe

## S A M P L E M E N U S

### MAINS/SIDES

#### **\*Farmer's Market Fried Rice**

Purple Cabbage, lacinato kale, oyster mushrooms, carrot, peas, brown Jasmine rice, edamame, turmeric scrambled tofu, scallions. Served with a choice of tofu satay or miso honey glazed tempeh.

#### **\*Sticky Ginger Miso Tempeh**

Sticky ginger tempeh, coconut rice, roasted broccolini and bell pepper. Sesame seeds, scallions,

#### **\*Mac n' Cheese**

Mind blowing mac cheese sauce, elbow macaroni, roasted or steamed broccoli

#### **Classic Thai Curry**

Red or yellow Thai curry, coconut milk, seasonal veggies, chickpeas or tofu. Served with jasmine rice

#### **\*Pasta Rosa**

Rigatoni noodles, creamy handmade rosa sauce, mushrooms, spinach, cashew parmesan, fresh basil

#### **Classic Caesar Salad**

Kale or Romaine, chickpea croutons, cashew parmesan, celery, shaved onion, tahini Caesar dressing

#### **Crispy Cauliflower Taco**

Crispy cauliflower, sriracha aioli, cabbage slaw